

# For mob, by mob: yarning about a question-prompt to make shared decisions about health

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We are bringing together Aboriginal community members to create a question-prompt to yarn about COVID-19 vaccines and shared decision making about health.

## What is the question-prompt?

The question-prompt is a tool that encourages people to ask health care teams three simple questions:

1. What are my options?
2. What are the possible benefits and harms?
3. How likely are each of these benefits and harms to happen to me?

This question-prompt was developed through the Ask Share Know Centre for Research Excellence. You can find out more here:

<https://askshareknow.com.au/>

The tool can be used to support shared decision making about health between mob and the health care team.

Shared decision making is an evidence-based way for making health decisions. This includes yarning about treatment options, benefits and harms and what matters most to you and your family.

## What are we doing?

We want to adapt the question-prompt for mob, by mob.

## **Can we use the tool to yarn about COVID-19 vaccines?**

There is a lot of uncertainty and trust about COVID-19 vaccines in the community. We think the question-prompt can be used by mob when yarning with health care teams and making decisions about vaccines and for other health decisions.

## **How are we going to adapt the question-prompt?**

The question prompt will be adapted with mob, for mob. We are bringing together Aboriginal community members from NSW to yarn about the question-prompt and co-design it for mob. Along the way, we will share what we know about shared decision making, the question prompt and COVID-19 vaccines.

The group of community members will come together virtually for four yarning sessions in August 2021:

- Friday 20 August 2021, 10 am – 12pm
- Tuesday 24 August 2021, 10 am – 12pm
- Thursday 26 August 2021, 10 am – 12pm
- Wednesday 1 September 2021, 10 am – 12pm

### **For more information contact:**

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